

# GAME PLAN FOR THE 4HG MOVEMENT

- ✦ Display the 4HG posters; circulate and pray the 4HG Athlete Prayer at sports functions and practices.
- ✦ Share 4HG videos and other materials as they become available; stay informed on the 4HG progress.
- ✦ Disseminate the 4HG Credo Card at various school events; tell other schools about 4HG.
- ✦ Organize a Signing Day whereby students pledge to practice the 4HG Student Code of Conduct.
- ✦ Distribute 4HG wristbands and shoelaces to all student-athletes on Signing Day.
- ✦ Attend a 4HG Conference and Training.
- ✦ Participate in a 4HG Clinic.
- ✦ Wear 4HG apparel proudly.